



MACCABI SPORTS CAMP

PACKING INFORMATION

The following information is meant to serve as a guide and help answer any questions about what your child should bring to camp. We encourage you to use your best judgment about your child's needs in helping them to pack thoroughly, yet efficiently. It is critical that you write your child's name on all clothing and linens. Camp is not responsible for lost or damaged items.

MASKS

All face coverings (whether disposable or reusable) must:

- Be made with at least 3 layers of breathable material
- Fully cover the nose and mouth and secure under the chin
- Be secured with ties or ear loops and allow the camper to remain hands-free

At this time, based on guidance from health authorities, neck gaiters, open-chin triangle bandanas and face coverings containing valves, mesh material or holes of any kind are not acceptable face coverings.

If bringing reusable masks campers must bring a small zippered mesh pouch to launder the reusable masks.

LAUNDRY SERVICE

We provide laundry service to all campers, at no additional cost. Laundry will be done once during Session 1 (picked up on Day 8, returned Day 9) and twice during Session 2 (picked up Day 7 and returned Day 8 and again Days 14/15). Your camper should bring enough clothes to last 10 days, but keep in mind that campers are very active and may change clothes more than once each day, particularly items like socks and t-shirts.

laundry service, we strongly discourage campers from bringing expensive clothes or items that require delicate or special care. Campers, with the assistance of their counselors, will have access to laundry machines and will be able to clean reusable masks every few days

SHABBAT ATTIRE

On Friday evening of our Shabbat celebration, all campers and staff members are asked to dress in a clean, white shirt (polo, t-shirt, button down, etc.). Please note that you do not need to purchase new clothes for Shabbat; any clean, white top will suffice. Pants, shorts, and skirts do not need to be white.

SPORTS EQUIPMENT, CLOTHING & FOOTWEAR

Campers will spend about 4 hours each day at their core sport, so it is essential that they have comfortable, appropriately fitting clothes for their sports. Shoes and cleats brought to camp should be broken in to ensure proper comfort and fit.

ITEMS TO LEAVE AT HOME

- Clothing with inappropriate logos or words such as references to alcohol, drug, or profanity
- Weapons of any kind
- Food, candy, gum
- Cell phones, personal video gaming devices, any internet- or cellular-capable device
(see Electronic Policy in Parent Handbook for details)



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BEDDING

All campers will be provided with a linen package that includes two sheets, blanket, pillow, pillowcase, towel, and washcloth.

LINEN PACKAGES WILL BE AVAILABLE IN EACH DORM ON OPENING DAY.

YOU DO NOT NEED TO REQUEST A LINEN PACKAGE IN ADVANCE.

However, campers are encouraged to bring their own bedding as they are more comfortable and help campers to feel more at ease when away from home. The mattresses at camp are twin XL (39" W x 80" L). In addition to a fitted sheet, campers should bring a top sheet and blanket, or a sleeping bag if they prefer. They will also need a pillow, pillowcase, and 2-3 towels (1-2 for showering and 1 for pool use.) While we are able to provide campers with a linen package, we have found that campers typically prefer to sleep with their own bedding and bedtime-related items, such as pillows, stuffies/lovies, or other comfort items from home.

FORGOTTEN ITEMS

If your child forgot an item, you can mail it to camp. Clearly label the box with "forgotten item" and we will deliver it to your child.

EYE CARE

If your child wears glasses or goggles, please send them with extras, as these items are occasionally broken or misplaced at camp.

WEATHER

The average daytime temperature at camp ranges from the mid-70's to the high 80's. It can be cooler in the evenings with the temperature dropping into the 60's.

LABELS

It is critical that you write your child's name on all clothing and linens. For easy labeling, check out **Label Daddy** for custom printed labels for your child. Go to www.labeldaddy.com and use code "MACCABI" to have 25% of your order donated to camp.

GENERAL PACKING LIST

All items must be labeled with your child's name.

CLOTHING & SHOES

QTY	ITEM
2-3	Sweatshirt or Fleece
1	Windbreaker or light jacket
8-10	T-Shirts (not including Core Sports shirts)
2-3	Long-sleeve shirts
2	Sweatpants
2	Jeans or Pants
4-5	Shorts (not including Core Sports shorts)
1-2	Pajamas/sleepwear
1-2	Swimsuits & goggles if desired
8-10	Underwear
8-10	Pairs of socks
1-2	White garments for tie-dye (100% cotton is best)
1-2	White top for Shabbat (polo, button down, blouse, etc.)
2-3	Sneakers
1	Flip-flops (for pool, shower, and dorm use)
1	Sandals (optional, for wearing around camp)
1	Shabbat Shoes

TOILETRIES

QTY	ITEM
1	Shampoo
1	Body wash or soap with a dish
1	Deodorant
1	Toothbrush & toothpaste
1	Comb or brush
1	Shower caddy / bag
	Glasses / Contact Lenses / Contact Solution
	Feminine hygiene products



BEDDING & LINENS

QTY	ITEM
1-2	Twin XL sheet set (fitted & top sheet)
1	Blanket (twin size) or sleeping bag
1	Pillow
1	Pillow Cases
2	Bath towel (for shower use)
1	Beach towel (for pool use)
1	Laundry bag

**Campers who are flying to camp or cannot provide their own bedding, camp will provide a linens package at no additional cost.*

ADDITIONAL ITEMS

QTY	ITEM
1-2	Reusable water bottle (Required)
1	Sunscreen (Required)
1-3	Hat with brim for sun protection (Required)
1	Bathrobe (optional, bathrooms are down the hall from dorm room)
1-2	Sunglasses
5-10	Masks (See mask policy)
1	Small zippered mesh pouch for laundering reuseable masks
	Pens, pencils, stationary, stamps for letter writing
	Camera (disposable or inexpensive digital)
	Flashlight or reading light for dorm room
	Books or magazines for rest hour or bedtime
	Cards or small non-electric games for cabin use
	Small bag or backpack for gear
	Travel alarm clock
	Mouth guards, wraps, braces, etc. (as needed for sports)



CORE SPORTS PACKING LIST

SOCCER

QTY	ITEM
5-6	Soccer jerseys or t-shirts
3-4	Soccer shorts
5-7	Pairs of soccer socks
1	Shin guards
1-2	Headband or sweatband (optional)
1	Cleats

**Please do not bring cleats that have never been worn; cleats should be used to ensure that campers do not get blisters.*

TENNIS

QTY	ITEM
1-2	Visor or hats for sun protection
1	Tennis/court shoes
5-6	Shirts for practices and matches such as collared shirts
3-4	Shorts with pockets
1-2	Tennis racquet with cover or carrying case
1-2	Headbands or sweatbands (optional)
	Sunglasses

**Tennis racquets will be available for campers who do not bring their own.*

**Our tennis courts are outdoors so campers should bring collard shirts and a visor or hat for sun protection.*



BASEBALL

QTY	ITEM
5-6	Jerseys or t-shirts
3-4	Baseball pants
1-2	Hats
1	Sunglasses
1	Cleats
1	Baseball glove
1	Athletic supporter (males only)
1	Baseball helmet (optional)
1	Bat (optional)
1	Pair of batting gloves (optional)

**We will provide bats, helmets, gloves, catcher's gear and other necessary equipment. Campers may bring these items but are not required to do so.*

VOLLEYBALL

QTY	ITEM
5-6	Jerseys or t-shirts
3-4	Shorts / spandex
1	Sneakers
1	Kneepads

**Volleyball will be played outdoors on grass.*

BASKETBALL

QTY	ITEM
5-6	T-shirts, tank tops, or jerseys
2-4	Basketball shorts
1-2	Basketball sneakers for indoor courts
1	Headbands or sweatbands (optional)

**Basketball courts are both indoors and outdoors.*

While indoors campers are required to wear indoor, non-marking shoes, preferably hi-top basketball shoes for additional ankle support.

