

Job Description

Title:	Community Wellness Coach
Reports to:	Assistant Director of Maccabi Sports Camp
Department:	Maccabi Sports Camp
Status:	Seasonal

#### About the OFJCC:

The Oshman Family Jewish Community Center (OFJCC) on the Taube Koret Campus for Jewish Life is one of the most exciting and innovative non-profit organizations in Silicon Valley. Collaborating with tech companies, national organizations and local non-profits, the OFJCC is reinventing what it means to enrich lives, build community and inspire Jewish journeys. Our vision is to be the architects of the Jewish future, and we are executing our mission by creating meaningful, inclusive and joyful experiences for everyone in the South Peninsula (and beyond) through educational, social, cultural, spiritual, fitness, and other wellness programs. Our diverse and passionate staff works hand-in-hand with hundreds of committed volunteers to make our modern 8.5-acre campus a truly special place for the 25,000+ visitors every week. For more information, visit www.paloaltojcc.org or call 650.223.8600.

#### About Maccabi Sports Camp

Maccabi Sports Camp is an overnight specialty camp with programs in soccer, basketball, baseball, tennis, and volleyball, for children entering grades 3-11. Our sessions combine high-level specialized sports instruction with the fun, friendship, and community of a traditional overnight camp.

Our camp is both an intensive sports and Jewish experience and is open to campers of all backgrounds and faiths. We are seeking quality coaches who believe in and support the camp's core values. To learn more about the camp's values, visit the "About Camp" section of our website.

Maccabi Sports Camp is located on the beautiful campus of Menlo College, a private undergraduate school in Atherton, CA, approximately 30 miles south of San Francisco. For more information, visit our website at: <u>www.maccabisportscamp.org</u>.

#### Overview of the Role:

The Community Wellness Coach, in tandem with the Director, and summer leadership team, is responsible for ensuring the positive resolution for any and all camper and staff issues that may arise during the camp season including by not limited to, socialization, conflict resolution, mental health, and homesickness. The Community Wellness Coach is expected to provide campers and staff with meaningful and critical guidance to make healthy, responsible, and respectful choices. The Community Wellness Coach plays a key role in training staff on topics including but not limited to: fostering positive social interactions, managing challenging camper behaviors and interpersonal disputes, identifying and supporting campers with special needs, homesickness and self-care. The Community Wellness Coach embodies Maccabi Sports Camp's core values in their interactions and decisions regarding camper care and is a positive, contributing member of the summer leadership team. The Community Wellness Coach is expected to create strong relationships with campers and staff alike and exhibit excellent written and verbal communication skills. This position requires a person with a variety of skills and the ability to transition from one situation to another quickly and intuitively while also showing compassion and empathy for campers and staff. This position does not have programmatic responsibilities but will be involved in pre-camp training sessions and ongoing staff development throughout the summer.

The Community Wellness Coach is required to live on campus and reside in the dorms alongside the campers. This is a seasonal, temporary position that requires a commitment to the full summer schedule. Food, lodging, camp gear, comprehensive staff training, and days off are included as part of the compensation package.

## **Essential Duties & Responsibilities:**

Responsibilities include, but are not limited to the following:

- Serve as the lead professional in determining appropriate responses to all camper and staff issues related to social, emotional, and mental health, safety and well-being. This includes but is not limited to anxiety, behavior management, interpersonal disputes, homesickness, hygiene, and diagnosed disorders
- Serve as a positive role model in the camp community and represent camp values
- Participate in required supervisor and staff training prior to camp
- Communicate with Director, Assistant Director, and Health Center to monitor and support the physical, social, and emotional health, safety, and well-being of campers and staff
- Assist staff members with challenging camper situations and provide ongoing support to staff to respond to campers behavioral, emotional and mental health needs
- Consult with Director and Assistant Director about significant concerns and issues that arise to determine appropriate response for campers, staff and parents
- Observe and document camper situations/incidents, design behavior intervention and/or management plans, and monitor and report on progress
- Debrief and provide guidance to campers and or staff after crises or stressful and traumatic events
- Work with campers and staff individually or in groups, as needed
- Make parent phone calls and send emails as necessary. This includes intake calls with families prior to camp starting

- Be present and available throughout the camp day
- Serve as a positive role model, exemplifying the core values of the Maccabi Sports Camp
- Create and maintain positive relationships with other staff members and Leadership Staff
- Live in dormitory housing during camp and eat all meals on camp with assigned cabin and campers
- Be familiar with and support the successful execution of all camp policies and procedures, including safety and emergency plans
- Represent the OFJCC in a professional manner and provide excellent customer service
- Perform other related duties as assigned by management

## **Qualifications & Skills:**

- Master's Degree/License in Social Work, Counseling, Psychology, Mental Health or similar fields preferred.
- Previous experiences in a camp, school or similar environment is preferred
- Experience with children, teenagers, and adult mental, social, and emotional health
- Must be able to think critically and act swiftly in high stress situations
- Attention to detail in documentation and maintaining records
- Must possess excellent written and verbal communication skills and comfort in communicating with children, young adults and parents
- Must be caring, empathetic, patient, hardworking, and diligent professional who takes initiative, is creative, enthusiastic, open-minded and highenergy
- Ability to observe child behavior, assess its appropriateness, enforce appropriate safety regulations and emergency procedures
- Must have ability to function both independently and as part of a team
- Ability to take direction from Leadership Staff and Head Coaches
- Interest in working hard, serving as a role model, and positively impacting the lives of campers

# **Physical Demands:**

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee may be required to:

- Requires long periods of standing or sitting
- Grasping and gripping movements
- Ability to lift 50 lbs. Some lifting may require additional assistance from another staff person. Employee is expected to use discretionary judgment and ask for assistance from another employee if an item is perceived to be too heavy to lift without assistance
- Occasional exposure to bodily fluids
- Work in the vicinity of children
- Remain stationary
- Visual and auditory ability to respond to critical incidents and the physical ability to act swiftly in an emergency situation (fire, evacuation, illness or injury)
- Communicate across a variety of mediums
- While performing the duties of this job, the employee is regularly required to stand; walk; use hands to finger, handle, or feel objects, tools, or controls; talk or hear; and taste or smell. The employee frequently is required to reach with hands and arms. The employee is occasionally required to sit; climb or balance; and stoop, kneel, crouch, or crawl.

# Work Environment:

- The work environment characteristics described here are representative of those an employee encounters while performing the essential duties of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential duties. While performing the duties of this job, the work environment can be noisy and you may be working in close proximity with others. This role routinely uses standard office equipment such as phones, computers and printers. You will have access to restroom, copy room and break room facilities.
- While performing the duties of this job, the employee frequently works in outside weather conditions and is frequently exposed to wet and/or humid conditions.
- Continuous exposure to moderate to loud noise

## OFJCC is an Equal Employment Opportunity Employer-Minority/Female/Veteran/Disability

**Disclaimer:** This job description indicates in general terms, the type and level of work performed as well as the typical responsibilities of employees in this classification. The duties described are not to be interpreted as being all-inclusive to any specific employee. Management reserves the rights to add, modify, change or rescind the work assignments of different positions and, when possible, to make reasonable accommodations so that qualified employees can perform the essential functions of the job. Nothing in this position description changes the at-will employment relationship existing between the OFJCC and its employees.

Employee signature below constitutes employee's understanding of the requirements, essential functions and duties of the position.

Employee Name

**Employee Signature** 

Date

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